General Physical Examination

Name:

Vital Signs:

☑ Check normal, circle & describe abnormal.

Pulse: L _____ R _____, Blood Pressure: L _____/_____, R _____/_____, Temp: _____, VBI: L _____ R _____,
Resp: _____/min, Visual acuity: L _____/_____, R _____/_____, Height: _____, Weight: _____

Observation: □ WNL

Development: □ good, □ fair, □ poor

□ Posture: _____

□ Gait: _____

□ Skin (bruising, scars): _____

□ Asymmetry: _____

□ Other: _____

Range of motion: □ WNL

Cervical Spine	L	R
Flexion (45°)		
Extension (55°)		
Lateral flexion (45°)		
Rotation (70°)		

Lumbar Spine	L	R
Flexion (90°)		
Extension (30°)		
Lateral flexion (20°)		
Rotation (30°)		

Neurologic exam: □ WNL

Sensation □ WNL	L	R
Light touch		
Sharp/dull		
Vibration		

Reflexes (0-5) □ WNL	L	R
Biceps (C5)(musculocut.)		
Brachioradialis(C6)(radial)		
Triceps (C7)(radial)		
Patellar (L4)(femoral)		
Medial hamstring (L5)(sciatic)		
Achilles (S1)(tibial)		
Babinski		
Other:		

Motor (0-5) □ WNL	L	R
Resisted neck ROM (C1-C4)		
Shoulder elevation (CN XI, C3-C6)		
Shoulder abduction (C4-C6)		
Elbow flexion (C5-C6)		
Elbow extension (C6-C8)		
Wrist/finger flexion (C7-T1)		
Wrist/finger extension (C6-C8)		
Hip flexion (L1-L3)		
Knee extension (L2-L4)		
Knee flexion (L4-S1)		
Plantar flexion (L5-S2)		
Dorsiflexion (L4-L5)		
Other:		

Cranial nerves □ WNL	
□ I (smell)	□ VII (facial expres)
□ II (light, vision)	□ VIII (Weber, Rinne)
□ III, IV, VI (gaze)	□ IX, X (ahhh)
□ V (bite, sensation)	□ XI (trap/SCM)
□ V, VII (corneal ref.)	□ XII (tongue)

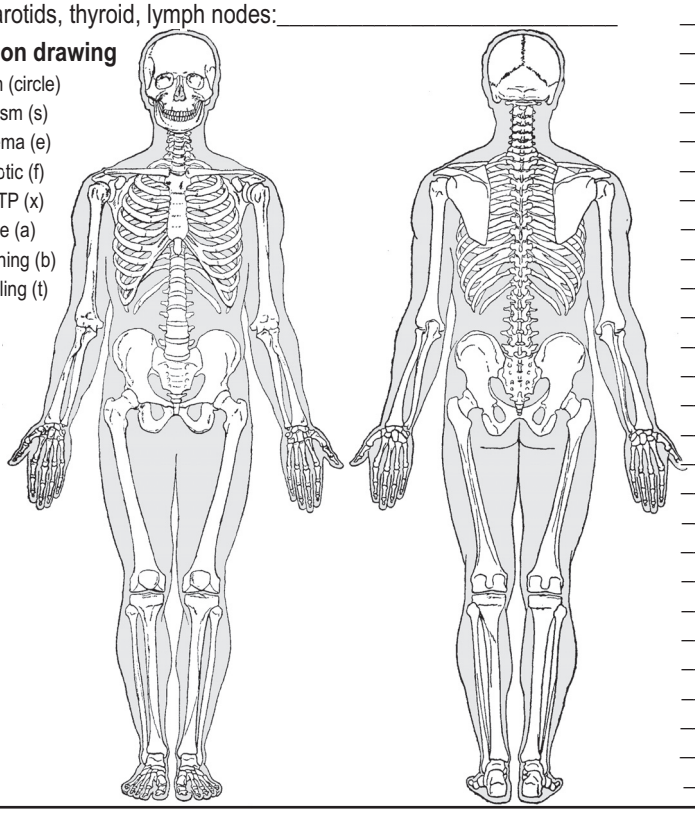
Palpation: □ WNL

□ Skin, temperature, moisture: _____

□ Parotids, thyroid, lymph nodes: _____

Mark on drawing

□ pain (circle)
□ spasm (s)
□ edema (e)
□ fibrotic (f)
□ MFTP (x)
□ ache (a)
□ burning (b)
□ tingling (t)



Spinal Palpation

C0
C1
C2
C3
C4
C5
C6
C7
T1
T2
T3
T4
T5
T6
T7
T8
T9
T10
T11
T12
L1
L2
L3
L4
L5
S1
Co
SI

Orthopedic exam: □ WNL, □ other: _____

Functional □ WNL	L	R
Heel walk (L3, L4, L5)		
Toe walk (S1)		
Squat & rise		
Tandem Romberg		
Romberg		
Adam's Sign		
Other:		

Cervical □ WNL	L	R
Resisted muscle test		
Compression		
Maximal compression		
Distraction		
PROM		
Jull's (active flexion)		
Soto Hall/Brudinski		

Lumbar □ WNL	L	R
Kemp's test		
SLR passive, active		
Braggard's		
Patrick's (FABERE)		
Thomas/Gaenslen's		
Hip circumduction		
SI distraction/compression		

Additional exam procedures: □ WNL

□ Auscultation (heart, lungs):

□ Other:

This form is a comprehensive checklist of examination procedures. Each item should be utilized as a diagnostic option based on the patient's presenting symptoms and the clinical discretion of the examiner. Every procedure does not have to be performed on every patient. Some procedures may be contraindicated in certain situations. Patient information contained within this form is considered strictly confidential. Reproduction is permitted for personal use, not for resale or redistribution. **www.prohealthsys.com ©2005 by Professional Health Systems Inc. All rights reserved. "Dedicated to Clinical Excellence."**

Signature: Date: